

Life Readiness Program (LRP) 2024

What is LRP?

The Life Readiness Program (LRP) is a community based program that takes place at the Residences at Durham College. LRP is an overnight experience where participants are welcomed at 9:00am on Monday, and are ready for pick up at 4:00pm on the Friday of their designated week.

The highlights of this sought after program are promotion of skill development in the following areas: meal planning and prep, budgeting, shopping, using public transit, community awareness/safety, personal wellness, social skill development and so much more!

If you are or know a person who is 18 years or older, have a developmental disability, are interested in meeting new friends, exploring your community, and learning new skills to promote your independence, we hope you apply!



\$800.00 per person
+ \$100.00 spending cash required

Included In Your Fee:

- ✓ 5-day, 4-night accommodations
- ✓ 24 hour/day PH staff support
- ✓ Transportation costs
- ✓ 3 meals per day + snacks & drinks
- ✓ Onsite activities

Program Dates:

- ✓ Week 1: July 1st-5th
- ✓ Week 2: July 8th-12th
- ✓ Week 3: July 15th-19th
- ✓ Week 4: July 22nd-26th



Applications must be received by Friday June 7th, 2024

Space is limited and spots are not guaranteed.

Each participant will be assigned 1 week only.



FOR MORE INFORMATION CONTACT ON HOW TO APPLY CONTACT:
Andrea Andrus, Manager-Community Services and Partnerships

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